Getting Started Infographic

**Activity**
- Conduct immunization clinics, sports physicals, community health fairs, or offer to plant a community garden.

**Education**
- Offer classes in healthy eating, stress management (especially during exam weeks), and family health insurance enrollment.

**Policy**
- Help coordinate a school wellness committee or develop an MOU to help the school refer students needing additional support.

**Academic**
- Provide academic support by hosting a career mentoring day, staffing a lunch-time resource table, or offering to serve as a guest speaker during health/science classes.

**POWER UP YOUR PARTNERS**

Powering up a partnership in your community can seem like a big task — but it doesn’t have to be! Try out some of these ideas for ways to get started and important tips to keep in mind.